



<b>ID CODE</b>	ITULE02
<b>NAME</b>	<ul style="list-style-type: none"><li>• IT: "Progetto You-Up!"</li><li>• EN: "Project You-Up!"</li></ul>
<b>URL</b>	
<b>LANGUAGE/S</b>	Italian
<b>PROMOTER (institution, association, etc.)</b>	CSVnet (coordinamento Nazionale dei Centri di Servizio per il volontariato)
<b>AUTHOR/S (if different)</b>	Centro di Servizi per il Volontariato della provincia di Genova (Celivo)
<b>DESCRIPTION &amp; AIMS</b>	<p>The You-Up project is focused on the connection between the Volunteer Organizations and the young people as protagonists of their future. You-Up! offers young people the opportunity to have a volunteer experience in an association and, in that, to develop their potential, their skills and experiment forms of active participation.</p> <p>In "You-Up!" the skills are acquired in a creative way through reflection and experience. These indicate the potential of the young person in regard to ability of doing in a context contaminated by relationships and experience as that of volunteering.</p>
<b>SKILLS INVOLVED</b>	<ul style="list-style-type: none"><li>- Learning to learn</li><li>- Social and civic competencies</li></ul>
<b>EVALUATION AND MONITORING (of the activity/project/initiative/course) (If any)</b>	<p>Competencies evaluated</p> <p><b>"Self-construction"</b> area</p> <ul style="list-style-type: none"><li>• Learning to learn: each volunteer has to learn their way of being a volunteer in their own activities in order to be efficient (with respect to the objectives of the association) and incisive (in the success of the activity itself).</li><li>• Planning: each volunteer must be able to use the knowledge learned to follow the very specific objectives of its activity</li></ul> <p><b>"Relationship with others"</b> area</p> <ul style="list-style-type: none"><li>• Communicate and understand: each volunteer must be able to understand the communicative context of the volunteering</li><li>• Collaborate and participate: each volunteer must be able to interact in a group</li><li>• Behave independently and responsibly: each volunteer has to know how to integrate into the activity of volunteering</li></ul> <p><b>"Relationship with reality"</b> area</p>

	<ul style="list-style-type: none"> <li>• Problem solving: each volunteer has to know how to deal with problematic situation</li> <li>• Identify connections and relationships: every volunteer must have tools that allow him to take on the complexity of living in the global society of our time</li> <li>• Acquire and interpret information: each volunteer must be able to acquire and interpret critically the information received</li> </ul> <p>Methodology used for the recognition of competences:</p> <ul style="list-style-type: none"> <li>• You-Up questionnaire</li> <li>• Volunteering dossier which is the fundamental tool for enhancing the volunteering activity</li> <li>• Certificate of voluntary work (social recognition),</li> </ul> <p>Furthermore, direct observation, field testing</p>
<b>DURATION OF THE PROJECT</b>	Pilot project ended in 2016. The duration of the project was 3 years. The competences acquired were evaluated during the last 5 meetings of the volunteer activity
<b>TARGET OF POPULATION</b>	Young people aged between 18 and 30
<b>INDIVIDUAL / GROUP ACTIVITY</b>	Group or team activity
<b>PARTICIPATION REQUIREMENTS</b>	None
<b>DURATION OF THE COURSE</b>	/
<b>CONTACT</b>	No contact
<b>WHY IS IT A GOOD PRACTICE?</b>	<p>The You-up activities help to acquire the LEARNING TO LEARN and SOCIAL AND CIVIC COMPETENCES, because the volunteer activities begin with the comparison with real problems and then takes the research of effective and incisive solutions.</p> <p>This encourages:</p> <ul style="list-style-type: none"> <li>- Self-confidence: "I am proud of the solution" ("Self-construction" area)</li> <li>- Confidence in the group: "together we can take on difficulties" ("Relationship with others" area)</li> <li>- The desire to learn to get better results: "I want to learn new methodologies to do it better" ("Relationship with reality" area)</li> </ul>
<b>RELATED REFERENCES</b>	<p>Propaedeutic questionnaire:  <a href="https://docs.google.com/forms/d/1UEcsxnF6AlhQbm7HDpt9iDPdcKKLusKqBduvrUlfNT0/viewform">https://docs.google.com/forms/d/1UEcsxnF6AlhQbm7HDpt9iDPdcKKLusKqBduvrUlfNT0/viewform</a></p>